

Elmendorf Child Development Program
 Winter/Spring Menus
 FY 2009
 Week Number One

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast:	Toast Peaches Milk	Cheerios 100% Orange Jc. Milk	Bagels Apple slices (no) (applesauce) Milk	HM Pumpkin Muffins fruit cocktail Milk	Cream of Wheat bananas Milk
Lunch:	Pizza's English Muffins Cheese slices Tomato sauce Corn (creamed) Fruit cocktail Milk	HM Beefstew Biscuits carrots potatoes pears Milk	Ham & Cheese Bread vegetable soup orange quarters Milk	Chicken egg noodles broccoli peaches Milk	Red Beans rice green beans apricots Milk
P.M. Snacks:	HM Banana bread Milk	Graham Crackers Milk	Flavored yogurt sunflower seeds (no) Rice crackers	String Cheese Apple slices (applesauce)	100% Juice Goldfish crackers

Children under the age of 2 should receive the foods in parenthesis instead of the listed vegetable or fruit

[Handwritten Signature]

Elmendorf Child Development Program
 2009

2/10/09

Elmendorf Child Development Program
 Winter/Spring Menus
 FY 2009
 Week Number Two

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast:	Cheese Toast Oranges (C) Milk	Oven Baked pancakes applesauce Milk	Texas Toast Pears scrambled eggs Milk	Wheat Chex Cereal 100% grape juice Milk	HM Biscuits Bananas Milk
Lunch:	HM Mac & Cheese Diced ham Sweet green peas Fruit cocktail Milk	Turkey hotdogs French bread slices potatoes carrot sticks (cooked carrots) Milk	Ground Beef spaghetti noodles tomato sauce lettuce salad (no) apricots Milk	Grilled Cheese wheat bread corn chowder peaches Milk	Meatloaf rolls mashed potatoes peas/corn Milk
P.M. Snack:	HM blueberry Muffins Milk	Crunchy snack Mix 100% juice	Orange quarters ritz crackers	HM Bean dip saltine crackers 100% juice	Vanilla wafers Milk

Children under the age of two should receive the food listed in parentheses instead of the fruit or vegetable listed.

Heidi P. Wankley

Child Development Program
 Winter/Spring Menus
 Week Number Three

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast:	Waffles Pear Halves Milk	Corn Muffins Fruit Cocktail Milk	Crispix Cereal Orange Juice Milk	Tortillas w/ melted cheese bananas Milk	Cinnamon Toast apples (no (applesauce) Milk
Lunch:	Hamburgers Rolls Butternut squash Oranges Milk	Pansit chicken/bread rice noodles celery, cabbage mandarin oranges Milk	HM Chili Gr. Turkey red beans corn bread green beans apricots Milk	Baked Chicken ramen noodles mixed veggies grapefruit Milk	Turkey & Cheese wheat bread Italian Bean Soup Peaches Milk
P.M. Snack:	Cheese Cubes Toasted bagels	Strawberry yogurt wheat thins	100% Juice rice cakes	HM Oatmeal/Raisin Cookies Milk	Soft Pretzels 100% juice

Children under the age of 2 should receive the foods in parenthesis instead of the fruit or vegetable

Heidi R. Wandy

Child Development Program
 Winter/Spring Menus
 Week Number Four

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast:	Kix Cereal 100% Juice Milk	English Muffins Mandarin Oranges Milk	French Toast Blueberry sauce Apricots Milk	Mini bagels bananas Milk	HM Oatmeal Peaches Milk
Lunch:	Shepherd's Pie Ground beef Roll Mashed potatoes Fruit cocktail Milk	All Beef Hotdogs/buns peas & carrots apricots Milk	Refried Beans cheese/ tortillas mild salsa orange quarters Milk	Chicken pieces spaghetti noodles broccoli applesauce Milk	Sloppy Joes Ground beef Hamburger Bun tomato sauce green beans peaches Milk
P.M. Snack:	Apple Slices Cheese sections	Animal crackers Milk	Cottage Cheese dip/baby carrots Saltine crackers	Nature Valley Granola bars Milk	Fruit Cocktail cups Ritz crackers

Children under the age of 2 should receive the foods in parenthesis instead of the fruit or vegetable

Handwritten signature

Evening Snack Menus
Winter/Spring Menus
FY 2009

Week Number One

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Graham Crackers Milk	Bagels applesauce	100% juice Goldfish Crackers	Crackers 100% juice	HM Pumpkin Muffins Milk

Week Number Two

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Orange sections Ritz crackers	HM Blueberry Muffins	Saltine crackers 100% juice	Ritz Crackers string cheese	HM Biscuits Milk

Week Number Three

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Wheat thins 100% juice	Cheese cubes Crackers	applesauce rice cakes	fresh fruit graham crackers	HM Oatmeal raisin cookies Milk

Week Number Four

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Animal Crackers Milk	Cheese chunks fresh fruit	Saltine crackers 100% juice	Ritz crackers Milk	Fresh fruit Bagels

J. A. [unclear]